



## Walking Holiday Sample Itinerary

- Day 1:** Transfer to accommodation and welcome drink.
- Day 2:** **Walk from Ronda to Cueva del Gato:** this walk will take us from Ronda to the *Guadiaro* Valley, across olive groves and meadows, over 2 passes with spectacular views over *Ronda* on one side and the *Sierra Blanquilla* (part of the National park of *Grazalema*) on the other and down to just outside the village of *Estación de Benaoján*. We will then follow the river *Guadiaro* to the *Cueva del Gato*, a beautiful source coming out of the second biggest cave complex in Andalucia (7.818m long). We will have lunch in the Restaurant *Cueva del Gato*.  
**Distance:** 10 km/6miles – **Ascent:** 350m – **Descent:** 300m
- Day 3:** **Round walk in the Biosphere Reserve of La Sierra de las Nieves:** Steep climb from *Los Querigales* (1300m) through indigenous Pinsapo woodland (Spanish Firs) but lovely rewarding views at the top of *Puerto de los pilones* (1764m) over Ronda, the Genal Valley, the Costa del Sol, Gibraltar and Morocco on clear days. Packed lunch while enjoying lovely views of the Park. Progressive walk down to starting point. Little walk in pine woodland to see the *Pinsapo de las Escalateras*, a stunning 26 meters high Pinsapo.  
**Distance:** 10 km/6miles – **Ascent:** 464m – **Descent:** 464m
- Day 4:** **Visit of Ronda:** walk down the main shopping street *Calle la Bola*, over its famous bridge and gorges *El Tajo* and walk in the old town. If interested, visit of the *Palacio de Mondragon* or the Arab baths (the best preserved in the Iberian Peninsula) or the Bull ring (the oldest ones in Spain). Lunch in *Ronda* in one of its typical tapas restaurants and shopping opportunity too if you wish!
- Day 5:** **Riverside walk from Estación de Benaoján to Estación de Jimera de Libar,** along the scenic river *Guadiaro* with gorgeous views over *Sierra Blanquilla* and the river *Guadiaro*. Lunch in *Estación de Jimera de Libar*. After lunch, if you wish, we can walk up to the lovely white village of *Jimera de Libar* (another 4km/2.5 miles and 200m height gain).  
**Distance:** 8 km/ 5 miles – **Ascent:** 200m – **Descent:** 250m.
- Day 6:** **Camino de los pueblos blancos:** this walk will take us first to *Cartajima*, the highest white village in the *Genal* valley, to the next white village, *Parauta*, meandering through Oak and Sweet Chestnut woodland and crossing 2 tributaries of the *Genal* river. Beautiful views over undulating wooded valleys and dramatic limestone outcrops. Lunch in a traditional restaurant in *Parauta*. After lunch, if you wish, we will continue to *Igualeja*, the largest village of the *Alto Genal* and the source of the river giving its name to the valley.  
**Distance:** 14 km/9miles – **Ascent:** 450m – **Descent:** 400m
- Day 7:** Transfer to Malaga airport

This planned itinerary may be subject to changes depending on the fitness level of the group, etc...  
 All distances and height gains are approximate